



GUC ZipLine Guidelines/Instructions



At Camp Eagle Ridge, your safety is our highest priority. The safety of our participants is our greatest concern and therefore we have identified the inherent risks of adventure sports and specifically zip line canopy tours. Course construction and training has been facilitated by Phoenix Experiential Designs, an ACCT (Association of Challenge Course Technology) certified company.

Construction/ Equipment:

- Our course is designed and built by Phoenix Experiential Designs
- We perform daily inspections of the course and equipment before zip lining begins
- All equipment is inspected after every tour for irregularities
- Equipment usage is logged and retired in accordance with ACCT standards
- The canopy tour is inspected annually by Phoenix Experiential Designs

Facilitation:

- All guests are instructed on technique before the tour begins
- Tour guides handle all equipment transfers on the canopy tour. Participants, or parents, should not under any circumstance tamper with harnesses or tethers/ropes at any time for any reason
- GUC ZipLine utilizes a connection system for safety. Guests are **never unclipped** during the tour
- GUC ZipLine will not operate in severe weather, such as lightning, sustained high winds, or ice

Please review these Requirements regarding your participation:

- All participants must read and understand all instructions and follow all policies and procedures
- All participants must receive specific training in using all safety and permanently installed equipment on the zip line tour and must understand and accept the risks involved
- All participants must disclose ALL relevant medical information to the GUC ZipLine Staff. This includes but is not limited to: recent surgeries, sprains, strains, pulls, broken bones, stitches, and any condition requiring medication - such as allergies, asthma, heart conditions, diabetes, etc.
- Everyone must have a sound body and mind capable of performing specific safety tasks independently including full range of motion with the arms and legs and able to climb stairs/ladder. Please do not participate if you have chronic back/shoulder pain, or are recovering from a recent injury or surgery without first consulting your medical care provider
- Must be able to hold both hands over their head in order to self-regulate speed and braking. This will be tested on the practice zip line for participants in whom the staff deems necessary.
- Must be dressed appropriately
- Must comply with all safety instructions, operational policies, and staff monitoring

Appropriate Dress

- Dress appropriate for whatever weather conditions you will be zipping in
- Wear comfortable clothing appropriate for current weather conditions, however clothes should **not** be excessively loose fitting. If clothes are loose, there is a chance that it could get caught in the zip line
- Shorts that are a minimum inseam of 5 in. (skirts, dresses and bathing suits are not permitted. Mesh gym shorts are less comfortable due to harnesses wrapping around the upper thigh)
- Required to wear closed toed shoes (GUC ZipLine reserves the right to make decisions about appropriate footwear) **Sandals of any kind** are not permitted
- Long hair must be pulled back and secured for safety! Hats and visors are not permitted

Tour Requirements/Restrictions

- Must sign a Release Form (under 18, the signature of a parent or legal guardian is required)
- Must be in moderate to good health and **cannot** be pregnant, have epilepsy or seizure disorders, or have major heart conditions that may require immediate emergency action
- **Cameras/phones** are not permitted on the tour due to the likely-hood that they will be dropped and/or broken, as well as a courtesy to other participants

Upon arrival, and while participating on the GUC ZipLine you must follow these requirements:

- All participants must use all equipment safely and as directed
- All participants must obey any and all instructions given by Staff at all times
- Staff reserves the right to remove anyone from the GUC ZipLine who is unable or unwilling to perform all safety tasks independently, or who is in breach of the safety rules. Any horseplay or refusing to follow staff instructions will not be tolerated. **Punishment for such actions will be suspension of zip line privileges for up to 1 year.** Each case will be handled and discussed among the zip line staff to determine reprimand.

Participant's Signature _____ Age _____ Date ____/____/____

Agreement by Parent or Guardian of a Minor Child – I am the parent or guardian of the minor child whose signature appears above. I have discussed the terms of the Agreement with my child and am assured by my child that he or she understands the Agreement and has freely accepted its terms. I give my child permission to participate in the adventure challenge activities to be provided by GUC ZipLine, Camp Eagle Ridge, and Greater Union Church. My signature below reflects my agreement to all of the terms and conditions contained herein, as provided above.

Parent/Guardian Signature _____ Print Name _____

Date ____/____/____